ABSTRACT OF THE DISCLOSURE

An information readout apparatus and an information readout method can efficiently correct the change in the size of the aperture. An optical disk 1 having a recording layer and a readout layer is used and the information recorded on the recording layer of the optical disk 1 is read out by irradiating a light beam onto the optical disk form head 2 and opening a detection window smaller than the area irradiated by the light beam in the readout layer. The resolution detecting section 15 of the apparatus detects the isolated mark recorded in the optical disk 1 in advance and then detects the resolution on the basis of the quotient obtained by dividing the difference X between the sample value Y near the peak of said isolated mark and the sample value adjacent to said sample value Y by said sample value Y near the peak, or X/Y. The readout control circuit 14 of the apparatus controls the size of the detection window so as to make the resolution detected by the resolution detecting section 15 close to the reference value K from the reference value output section 13 of the apparatus.